

Mental Health Services

Emotional and mental health resources are available for students and families in our district and community.

LOUSD Intervention Specialists

Luther: Dolores Herrera, dherrera@lousd.k12.ca.us, (530) 695-5450

Encinal: Ellen Murphy, emurphy@lousd.k12.ca.us, (530) 695-5458

LOMS: Eduardo Bucio, ebucio@lousd.k12.ca.us, (530) 695-5435

LOHS: Nick Roberts, nroberts@lousd.k12.ca.us, (530) 695-5415

LOAS & VOHS: Ellen Murphy, emurphy@lousd.k12.ca.us, (530) 695-5458

Sutter-Yuba Behavioral Health:

530-822-7200 www.suttercounty.org

24 Hour Psychiatric Emergency Services (Crisis Services):

1-888-923-3800 or 530-673-8255

National Suicide Prevention Lifeline : The lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources for you and your loved ones.

Phone Number: 1-800-273-8255 or CHAT by visiting this link: <https://suicidepreventionlifeline.org/chat/>

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